

Reflection and Prayer

Throughout history people have recounted stories of encounters with angels. They appear in many major religions, often as a messenger (the word angel meaning messenger in Hebrew). In our modern culture many believe we each have a guardian angel watching over us and stories of encounters with angels are not uncommon. Whether you believe in angels or not, their prevalence in stories points to a deeply human yearning within us; a searching for a message to give us direction, or a need to feel safe and protected.

Pilgrimage provides an opportunity to make space and time apart from day to day life. To be still and listen. To attend to that emotional need of human existence. It can bring opportunities to connect with the others who share our path, and to allow the voice of that which is transcendent and beyond our understanding to speak into our lives. Our way is mapped out, so we walk the path that others have done before and chose our own path of our inner journey.

Each pilgrim walking this way will have their own reasons for undertaking this pilgrimage. It maybe that you are at a significant time in your life, or perhaps are simply relishing the break from the daily rush and routine. As you set out on your journey, may you allow your body and your mind to still, breathe deep and start to feel at one with the landscape around you, and may you draw closer to that which gives you life.

No Wrong Path

There is no wrong path
except the path
taken
with regret
without love
in anger or from fear.

It's how we take
the path we choose.
How we breathe
into each step, loose
and free, and look up
with expectancy;
how we greet each fellow
traveller we meet;
and leave no record
of our passing there
but the aroma of
just extinguished prayer.



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The Archangel's Way

wander and wonder

STAGE 1

St Michael's Church, Brentor
to St Petroc's Church, Lydford



'Look and ask for the ancient paths,
where the good way lies; and walk in it,
and find rest for your souls'

(Jeremiah 6:16)

Share your journey with us #DevonPilgrim

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